

BaBL

BUILD A BRIGHTER LIFE

Building brighter lives, together.

Shauna Ribbons

Hi, I'm Shauna. I'm passionate about helping people feel safe, confident and supported while building independence in ways that feel natural and enjoyable. My approach is person-centred, gentle, practical and empowering. I take the time to understand your routines, preferences & goals and I work at your pace whether that's slow and steady or full of energy and creativity. I'm reliable, warm, adaptable and I bring a calm, encouraging presence to every session. I'm comfortable working independently or alongside your wider support team and I always place your choices, comfort and wellbeing at the centre of the support I provide.

CONTACT

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LOCATION

I primarily work across the Adelaide Hills, Fleurieu Peninsula, Murraylands and southern suburbs of South Australia. I'm happy to consider other areas. Reach out and we can chat about what you're looking for and whether I'm the right fit for your goals, interests and support needs.

EDUCATION

NDIS Worker Screening, First Aid & CPR, Working With Children Check, Full driver's licence and access to reliable transport. English is my first language.

INTERESTS

I love horses, outdoor activities and creating meaningful experiences for people. Outside of work you'll find me spending time with my kids, exploring family-friendly activities, working my horses or enjoying quiet moments outdoors.

EXPERIENCE

I bring strong experience across NDIS support work, providing personal and domestic assistance, community access, emotional regulation, routine building, advocacy, appointment support and study assistance. My approach is calm, patient and person-centred, helping participants feel supported while building confidence and independence at their own pace. Alongside this, I offer 13 years of professional equine experience, allowing me to provide safe, structured horse-based interaction sessions focused on sensory regulation, grounding, connection and gentle skill-building. These sessions create meaningful opportunities for participants to develop confidence, experience calm, explore new interests and enjoy supportive, animal-based engagement tailored to their needs.